

MAR FÉLIX

Mar es licenciada en Veterinaria, Acreditada en AVEPA en cardio respiratorio, NLP trainer; NLP coach; Master Universitario en NLP business y Coaching Generativo.

Es oradora y formadora comunicativa desde el 2017. Se dedica a enseñar (y, por tanto, a aprender) comunicación tanto en formato hablar en público como a nivel interpersonal e intrapersonal.

Hace cuatro años dejó de pasar consulta por su gran pasión: la comunicación. Le fascina comunicar en grandes audiencias, enseñar habilidades para hablar en público y también, la comunicación entre personas cercanas y la comunicación con uno mismo. Para ello utiliza varios modelos de coaching: PNL (Programación Neuro-Lingüística), Trance Generativo y Voice Dialogue, así como Gestión Emocional y Conocimientos actualizados sobre el alto rendimiento.



Obtuvo el premio nacional de oratoria 2021 Toastmasters con un discurso sobre su transición de veterinaria centrada en cardiología a oradora y formadora profesional. Conoce el mundo veterinario, ha sido propietaria de clínica veterinaria, empleada veterinaria, inspectora de sanidad y veterinaria ambulante en cardiología.

Mar has a degree in Veterinary Medicine, Accredited in AVEPA in cardio respiratory, NLP trainer; NLP coach; University Master in NLP business and Generative Coaching.

She is a speaker and communicative trainer since 2017. She is dedicated to teaching (and, therefore, learning) communication both in public speaking format and at interpersonal and intrapersonal level.

Four years ago she stopped consulting for her great passion: communication. She is fascinated by communicating with large audiences, teaching public speaking skills, as well as communication between people close to her and communication with oneself. For this she uses several coaching models: NLP (Neuro-Linguistic Programming), Generative Trance and Voice Dialogue, as well as Emotional Management and updated knowledge about high performance.

She won the 2021 Toastmasters National Public Speaking Award with a speech about her transition from a cardiology-focused veterinarian to a professional speaker and trainer. She knows very well the veterinary field, having been a veterinary clinic owner, veterinary clerk, health inspector, and traveling veterinarian in cardiology.